



Graduate Diploma in Solution Focused Pastoral Care

April - December 2007

**Specialists Designation as a:
Certified Solution Focused Practitioner
from the Canadian Council of Professional Certification**



About the Solution Focused Model

The **Solution Focused model** is a goal directed, future oriented, competency-based therapeutic approach that draws its origin from the brilliant work of Milton Erickson as well as the team of people from the Mental Research Institute (MRI) in Palo Alto, California. **SFBT was developed by Insoo Kim Berg, Steve deShazer and their colleagues at the Brief Family Therapy Centre in Milwaukee, Wisconsin.** They were fascinated by what worked in the therapy room and spent more than 25 years working inductively with clients.

One of the **key aspects** of this model is the sense of **hope** people experience when they begin to explore the **possibilities in their lives**, rather than their deficits or inadequacies. Studies have shown the correlation between imagining a hopeful future and the ability to make positive changes.

Certification Information

Specialists Designation: Certified Solution Focused Practitioner

This international certification program is recognized by the **Brief Family Therapy Centre**, home to the Solution Focused Brief Therapy approach. It also fulfills the educational requirements for the **Certified Solution Focused Practitioner (CSFP)**, specialty designations granted by the **Canadian Council of Professional Certification (CCPC)**, (website: www.ccpcprofessionals.com). The CSFP designations requires a degree or diploma, membership in a registered professional association is advised, and a supervision component.

Course Structure and Content

The certification programme consists of **6 Training Modules, a Clinical Case Presentation, plus 6 hours of individual supervision.**

Training Modules

Module 1: Foundational Skills of the Solution Focused Model (3 days)

Dates: 25-27 April 2007

Emphasis: To acquire an understanding of the principles, assumptions and techniques of Solution Focused Model

Module 2: Change, Healing and Wholeness

Dates: 17-18 May 2007

Emphasis: Using the solution focused approach to understand how change occurs in the faith community.

Module 3: Solution Focused Model with Grief and Loss

Dates: 18-19 June 2007

Emphasis: To expand the skills and application of the solution focused model in working with our client's who are dealing with grief and loss as a result of a death of a loved one or transition issues that comes with major adjustments in life.

Module 4: Solution Focused Model in Nurturing Leadership

Dates: 20-21 September 2007

Emphasis: Using solution focused coaching skills in helping leaders build solutions for a healthy community.

Module 5: Solution Focused Model in caring for those in crisis situations

Dates: 18-19 October 2007

Emphasis: Using solution building skills to help those in crisis to find hope.

Module 6: Solution Focused Model with groups and teams

Dates: 15-16 November 2007

Emphasis: Unlike traditional approaches to group work that focus on group-dynamics and group process the Solution Focused Approach focuses on common goals, small achievable steps toward those goals, and looking for the expertise and know-how of the members that will enable them to achieve their goals.

Module 7: Clinical Case Presentation (2 days)

Dates: 6-7 December 2007

Emphasis: To demonstrate competency in the application of the solution building process with a case presentation.

Trainers:

Debbie Hogan, Marriage & Family Therapist, Trainer, Coach, Singapore..

Debbie has a degree in Psychology and a Master's degree in Counselling and an Advanced Certificate in Ericksonian Psychotherapy and Hypnotherapy. She has been involved in spiritual development and mentoring for 20 years. She is in private practice and has over 26 years experience as a therapist, trainer and coach. She conducts training in local and international schools and works with families and individuals. She is an EAP provider for multi-national companies and conducts in-house training for managers in areas of stress management, team building and critical incidence debriefing. Debbie has a Graduate Diploma in Solution Focused Brief Therapy . She is a Certified Solution Focused Therapist, a Certified Solution Focused Coach, and a Supervisor and Associate Examiner for the Canadian Council of Professional Certification. Debbie co-founder and Executive Director of the Academy of Solution Focused Training.

Edwin Choy, Pastoral Counsellor, Trainer, Singapore.

Edwin has a Master's degree in Theology, a Graduate Certificate in Marriage and Family Therapy and has over 20 years experience as a trainer and pastoral counselor. He is a qualified trainer with the National Center for Fathering in the US. Edwin's passion for fathering has led him to co-found and is Director of the Centre for Fathering (CFF) in Singapore, a non-profit organization whose mission is to "turn the hearts of the fathers towards their children." His work involves preparing couples for marriage, conducts workshops in marriage enrichment, parenting, fathering and work-life balance. He has also been a pioneer in designing outdoor adventure camps for father-child bonding. Edwin is a qualified trainer and user in the Myers Briggs Type Indicator, and has a Graduate Certificate in Parent Education Leadership Training and is a Certified Solution Focused Therapist with the CCPC.

Dave Hogan, Pastoral Counsellor, Trainer, Coach, Singapore.

Dave has a Master's degree in Theology and is a member of the Religious Education Association, Society of Biblical Literature and the American Academy of Religion. He has over 26 years experience as a Pastoral Counsellor and Religious Educator and specializes in Leadership Training, Career Guidance and Personal Development. He is a trainer and qualified user of the Myers Briggs Type Indicator and conducts workshops in Team Building for organizations, Leadership Coaching and Career Development. Dave is a Certified Solution Focused Coach and a Certified Solution Focused Therapist with the CCPC. He is a passionate trainer and presenter for the Centre for Fathering.

For information or to Enroll Contact:

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