

**Academy of  
SOLUTION FOCUSED TRAINING**

# **Graduate Diploma in Solution Focused Education**

**March – November 2008**

**Specialists Designation:  
Certified Solution Focused Therapist or  
Certified Solution Focused Practitioner  
from the Canadian Council of  
Professional Certification (CCPC)**



**CCPC**

**ACCREDITED PROGRAM**

### **About the Solution Focused Approach:**

The **Solution Focused Model** is a goal oriented, future oriented, competency-based therapeutic approach that draws its origin from the brilliant work of Milton Erickson and **was developed by Insoo Kim Berg, Steve deShazer** and their colleagues at the Brief Family Therapy Centre in Milwaukee, Wisconsin. They were **fascinated by what worked** in the therapy room and spent more than 25 years working inductively with clients. This model of counseling and consultation has been very successful in various settings and with a variety of presenting problems, particularly with school based problems of classroom management, behavioral problems, academic issues, truancy, bullying and with at-risk youth.

### **About Solution Focused School-Based Programmes:**

The application of the solution focused model in the classroom called **WOWW (Working on What Works)** was developed by Lee Shilts and Insoo and has been expanded to schools across the US, Europe, Asia, Australia and the UK. Participants in this program will be able to use the principles of the WOWW program in their school setting. The **solution focused approach to education is an innovative program designed to enhance the quality of education** in the classroom. Other applications of the strength based approach have been developed as well. This approach responds to the needs of principals, teachers, and school counsellors to find workable solutions that are based on respectful and collaborative approaches.

### **Certification Information**

The **Academy of Solution Focused Training is the only training company in Asia approved by the Canadian Council of Professional Certification (CCPC) to offer certification in the solution focused model. We are the first to offer the Graduate Diploma in Solution Focused Education.**

It fulfills the educational requirements for the **Certified Solution Focused Therapist (CSFT)** and **Certified Solution Focused Practitioner (CSFP)**, specialty designations granted by the CCPC, (website: [www.ccpcprofessionals.com](http://www.ccpcprofessionals.com)).

### **Who Should Attend:**

Classroom teachers, school counsellors, psychologists, psychiatrists, social workers, private practitioners and those who work with children and their families.

### **Course Structure and Content: 7 training modules + 6 hrs clinical supervision:**

#### **Module 1: Basic Tenants of the Solution Focused Model, Debbie Hogan**

**Dates:** 10-11 March 2008

**Basic Text:** Interviewing For Solutions, by Insoo Kim Berg and Peter De Jong

**Emphasis:** To acquire an understanding of the basic principles, assumptions and techniques of the solution focused model and develop skills to collaboratively build solutions with students.

#### **Module 2: Teaching Toward Solutions – The School Program, Linda Metcalf**

**Dates:** 21-22 April 2008

**Basic Text:** Teaching Toward Solutions – The School Program, Linda Metcalf

**Emphasis:** Using the solutions focused model with difficult and challenging cases.

#### **Module 3: WOWW, Working on What Works, Lee Shilts**

**Dates:** 5-6 June 2008

**Recommended reading:** Classroom Solutions, WOWW Approach, Insoo Kim Berg & Lee Shilts

**Emphasis:** Participants will build on the foundation of the core skills and be able to implement them in the classroom by using specific guidelines. Evidence based research will be presented.

#### **Module 4: Project Presentation I, Debbie Hogan**

**Dates:** 24-25 July 2008

**Emphasis:** To expand learning by presenting a project in which participants must demonstrate their use of the solution building skills in a school setting.

### **Module 5: Working with Children, Dr. Therese Steiner**

**Dates:** 28-29 August 2008

**Recommended reading:** Children's Solution Work, Insoo Kim Berg & Therese Steiner

**Emphasis:** To learn to use different resources with children in the classroom to help encourage and maintain cooperation through the use of stories, books, drawings, puppets, etc.

### **Module 6: Working with Families and Students, Arnoud Huibers**

**Dates:** 30-31 October 2008

**Emphasis:** To work effectively with parents and families of students.

### **Module 7: Final Project Presentation II, Debbie Hogan**

**Dates:** 11-12 December 2008

**Emphasis:** Participants will present a project and must demonstrate competence and use of the solution building skills in a school setting.

### **Trainers:**

#### **Debbie Hogan, Marriage & Family Therapist, Singapore**

Debbie has a Master's degree in Counselling and an Advanced Certificate in Ericksonian Psychotherapy and Hypnotherapy. She is in private practice with over 26 years experience as a therapist and trainer. She conducts training for local and international schools and works with individuals and families. Debbie has a Post-Graduate Diploma in Solution Focused Brief Therapy, is a Certified Solution Focused Therapist, Clinical Supervisor and Associate Examiner for the CCPC. Debbie is Program Director and co-founder of the Academy of Solution Focused Training. She is a registered member of the Singapore Association of Counsellors and is Board Certified in Professional Counseling with the American Psychotherapy Association. Debbie conducts training in Singapore and Southeast Asia in the Solution Focused Model.

#### **Dr. Therese Steiner, Child Psychiatrist, Switzerland**

Dr. Steiner has worked in surgery and pediatrics and specializes in children's psychiatry and psychotherapy for more than 26 years. She serves as a consultant to several hospitals and is currently in private practice working with children and families. She trained in hypnosis at the Milton Erickson Institute, Phoenix, USA. Dr. Steiner was a close personal friend and co-authored, *Children's Solution Work* (2003) with Insoo Kim Berg. She continues to teach SFBT in the US, Europe and Asia and is a presenter at many conferences throughout Europe and Asia.

#### **Dr. Linda Metcalf, Marriage & Family Therapist, USA**

Linda is a licensed marriage and family therapist, a former teacher and school counselor. She is Assistant Professor in the Department of Family Therapy at Texas Woman's University and Associate Professor of the College of Education, School Counseling Program Director at Texas Wesleyan University. She is in private practice and works with families, couples, individuals, children and adolescents, with a focus on school based problems. Linda has written numerous articles and several popular books, including Counseling Toward Solutions, Parenting Toward Solutions, Solution Focused Group Therapy, Teaching Toward Solutions, The Miracle Question: Answer it and Change Your Life!.

#### **Arnoud Huibers, Family Therapist, Netherlands**

Arnoud is a licensed psychologist and psychotherapist and trained at the University of Utrecht and completed his post-graduate degree at the Academic Medical Centre of Utrecht, the Netherlands. He is currently in private practice at the University of Utrecht. Arnoud has provided training in the solution focused model in the Netherlands, Europe and the Caribbean. Through collaboration with the Universities of Utrecht and Amsterdam, he has developed competency based questionnaires for children, youth, parents and teachers. In 2004, with Insoo Kim Berg, he co-founded Solutions Centre, an international organization which aims to disseminate the solution building model through training and consultation.

For a more detailed description of the training, contact Debbie Hogan

**For more information or to enroll Contact:**

Debbie Hogan, Program Director

Tel: +65 6456 9280

+65 9654 4871

Fax: +64 6455 3259

Email: [debbiehogan@sf-academy.com](mailto:debbiehogan@sf-academy.com)

Website: [www.sf-academy.com](http://www.sf-academy.com)