



## **Certificate in Solution Focused Education Classroom Solutions 10 March – 22 April 2008**

### **Overview:**

This **30-hour Certificate Program** is designed for professional teachers and counsellors who want to learn and use the fundamental skills of the solution focused model in the classroom and in schools. **Classroom Solutions** is an innovative program designed to enhance the quality of education by helping teachers deal with problematic behavior in the classroom. The thinking behind this approach is borrowed from many of the principles based on the **solution-building practice developed by Steve deShazer and Kim Insoo Berg at the Brief Family Therapy Center** in Milwaukee, Wisconsin. This approach responds to the needs of teachers to find workable teaching activities that are based on respectful and collaborative approaches.

This approach offers much promise for helping professionals who seek practical tools to help solve everyday problems in the classroom. Many studies show that **when students have a positive relationship with their teachers, they tend to be more motivated to do better**. Studies also show that a supportive approach works better than a punitive one, and building on successes is easier than filling the deficit in a child. This approach to classroom and learning goes one step further and encourages teachers to collaborate with the student to set goals, solicit their ideas for solutions, and look for small successes to build on.

### **Course Content:**

This program includes two training modules: **Part One:** The Basic Tenants of the Solution Focused Approach. **Part Two:** Ideas for Reaching Troubled Children and Transforming Challenging Students into Competent Students. Participants will be able to implement the solution building skills in the classroom as they learn to “coach” their students to collaboratively build solutions together.

### **Part 1: Basic Tenets of the Solution Focused Approach, Debbie Hogan**

**Date:** 10-11 March 2008

**Recommended reading:** *WOWW Coaching*, Insoo Kim Berg, Lee Shilts

**Emphasis:** To learn the basic tenants of the solution building approach and the core skills to use in the classroom. To enhance the classroom environment by providing useful tools for teachers and students.

### **Key Skills:**

- Basic beliefs, assumptions and attitudes of this model
- Core skills of this approach
- Questions that change a child; negotiating good goals; Compliments; Using scales; Finding exceptions; Curiosity; Selective Attention

### **Part II: Keeping Hope Alive: Reaching Troubled Children and Transforming Challenging Students into Competent Students, Linda Metcalf**

**Date:** 21-22 April 2008

**Recommended reading:** *Teaching Toward Solutions*, Dr. Linda Metcalf

**Emphasis:** To provide helpful tools for reaching children with serious issues; to look at new and novel ways to deal with challenging students.

**Topics covered:**

- Grief and loss
- Anger
- Eating disorders
- Ideas for a team approach
- Working with parents and families
- Depression
- Self-mutilation
- Lack of motivation in school
- Strategies to motivate students

**Trainers:**

**Debbie Hogan** specializes in Marriage & Family Therapy and has a Master's degree in Counseling and an Advanced Certificate in Ericksonian Psychotherapy and Hypnotherapy. She is in private practice and has over 26 years experience as a trainer and therapist. She works very closely with several international and local schools providing training to their teachers and counselors as well as working privately with families on school based issues. Debbie has a Graduate Diploma in Solution Focused Brief Therapy, is a Certified Solution Focused Therapist, and is an Approved Supervisor and External Examiner with the Canadian Council for Professional Certification (CCPC). She is the Executive Director and co-founder of the Academy of Solution Focused Training Pte Ltd. Debbie is a registered member of the Singapore Association for Counsellors and is Board Certified as a Professional Counselor with the American Psychotherapy Association. She conducts training in Singapore and the region in the solution focused model.

**Dr. Linda Metcalf** is a Licensed Marriage & Family Therapist, a former school teacher and counselor. She is Assistant professor at Texas Women's University and Texas Wesleyan University. She is in private practice and works with families, couples and individuals, children and adolescents, with a focus on school based problems. Linda has written numerous articles and is the author of five popular books: *Counseling Toward Solutions*, *Teaching Toward Solutions*, *Parenting Toward Solutions*, *The Miracle Question*, and *Solution-Focused Group Therapy*. Linda is a much sought after speaker and conducts training in the US, Europe, and Asia.

**Requirements/Advancement:**

**The Academy of Solution Focused Training is the only training company in Asia approved to offer Certification by the CCPC in Solution Focused training.** All participants must have a basic degree or diploma. Upon completion of the course, students can apply the 30-hours of training toward the "Graduate Diploma in Solution Focused Education" and toward certification as a "Certified Solution Focused Practitioner" with the CCPC.

**To enroll or for more information Contact:**

Debbie Hogan, Executive Director  
Tel: +65 6456 9280  
+65 9654 4871  
Fax: +65 6455 3259  
Email: [debbiehogan@sf-academy.com](mailto:debbiehogan@sf-academy.com)  
Website: [www.sf-academy.com](http://www.sf-academy.com)