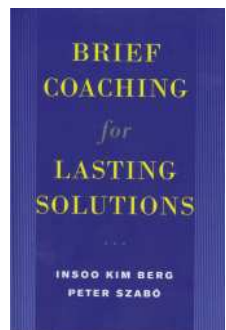


Academy of SOLUTION FOCUSED TRAINING

Brief Coaching for Lasting Solutions Workshop with Dr. Peter Szabo 11-12 June 2008 9:00 am – 5:00 pm



Peter Szabo has a Doctor of Law degree, is a Master Certified Coach and Trainer from Switzerland. He is founder and Managing Partner of Solutionsurfers, the largest coach training school in Switzerland. He also teaches coaching at several European universities. He coaches individuals and corporate clients on management and life issues. Peter is a brilliant and imaginative trainer, and is a highly regarded member of the ICF (International Coach Federation) coach accreditation panel. Peter is co-author with Insoo Kim Berg of *Brief Coaching for Lasting Solutions*, perhaps the most comprehensive book on Solution Focused Coaching and considered by some to be one of the best books on coaching today.



Workshop Content:

Like so many helping professionals today, coaches are discovering that the most effective treatment plan is not always the one that takes the most time. Perhaps more so than in any other situation, coaching allows practitioners to quickly forge collaborative relationships with their clients and help them maximize their performance in work and in life.

This workshop will teach coaches how to conduct conversations that are most useful to clients as they work to achieve their goals within a brief period of time. It will help coaches who want to reduce the time it takes to provide effective coaching while making the best use possible of resources the client brings to the table. Whether your clients seek a solution to a specific problem or strive toward a more general life goal, this workshop will put you on the path to brief coaching success. Applying a strengths-based perspective, this model offers a powerful yet subtle way of positive change. Like other service providers, especially in these times of rapid change, coaches must ensure a high

level of performance and excellent results. Professionals seeking coaching are looking for the quickest possible success. The personal skills clients can develop through coaching are among the most sought-after qualities in the modern business world.

Participants will learn:

- Which factors are crucial in achieving coaching success as simply as possible.
- Which assumptions will help you to reach the goal as quickly as possible.
- Which activities should you avoid to maximize your efficiency as a coach.
- Goal Negotiation
- How to build on the Preferred Future.
- How to use Scaling Questions
- Useful language skills.
- How to reinforce and amplify existing progress for lasting change.

Approved Coach Specific Training Hours with the ICF:

This training delivered by Peter counts as Approved Coach Specific Training Hours towards individual certification by the ICF.

Who should attend:

This workshop is for professional coaches who are interested in learning more efficient and effective methods for working with their clients as well as those in the human resource field, managers, supervisors and business people that are interested in learning a new and innovative approach to working with and dealing with people that taps into the personal resources of the individual. This workshop will enable individuals to learn a method that has proven to be sustainable and effective with a success rate of 86% as shown by studies carried out after 6 and 18 months.

Fee Structure:

The cost of this 2-day workshop is \$1,000 per person which includes the course material. ICF members are entitled to a 15% discount and the cost is \$850 per person.

To enroll or for more information:

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